

Cabarrus Quilters' Guild Newsletter

May 2014



From the President's Desk:

Lately I have been thinking about the expression "April showers bring May flowers." If that is really true we can look forward to a spectacular month. April this year has been one of the wettest on record. I don't find those wet days depressing, however. Instead, I think they just give me more time to quilt. After all, when it is raining I have the perfect excuse to stay inside and sew. I am afraid that May this year will find me inside more than I want to be. I will miss our May guild meeting due to having a total knee replacement on May 5th. Our vice president, Sharon Smith, will conduct the meeting in my absence. I hope to be back in June even though I will be moving slowly.

Carolyn Sweet, President

REGULAR MEETING DATE & STARTING TIME

The Cabarrus Quilters Guild meets on the second Monday of each month in the basement fellowship hall at Forest Hill United Methodist Church, 265 Union St., N., Concord, NC ([Directions](#)). **VISITORS WELCOME!**

The building will be opened at 6 o'clock and refreshments will be available from 6:15 until 6:45. This is a time to greet your friends, sign up for upcoming activities, check out program displays, and sign up for workshops, etc. The meeting will begin at 6:45 and have a short break.

2014 Guild Officers:

President – Carolyn Sweet
Vice President – Sharon Smith
Secretary – Nancy Miller
Treasurer – Barbara Bruce

Birthdays

Paulette Lundy	May 4
Stephanie Newbrough	May 7
Ann Ashworth	May 8
Bessie Ketner	May 9
Reneé Ligay	May 10
Debbie Robb	May 11
Pat Stedwell	May 14
Carol Harris	May 16
Cathy Gordon-Hallman	May 17
Sonja Simmons	May 17
Sharron Brown	May 24
Adrienne Phelan	May 26
Dawn Hopkins	May 30

April 2014 - Minutes

The meeting began at 6:45 p.m.

The social period was open from 6:15 to 6:45 during which refreshments were served, visitors greeted, sign ups (workshops, greeters, refreshments) occurred and members paid dues.

President Carolyn Sweet opened the meeting by welcoming visitors and new members. Thanks were given to those providing refreshments: Carol Harris, Sylvia Stancil, and Barbara Orr.

A special presentation was made to Bessie Ketner, who was awarded lifetime membership in Cabarrus Quilters Guild for many years of service.

Candy McManaway gave a brief run-down of May, June, and July's programs. May is foundation-less paper piecing, June is Surface Design and July is Micki Dupree (rescheduled). More sign-ups are needed. Candy reminded the members they need to pay for the workshop no later than by the meeting the month before the program.

Karen Combs presented a trunk show that focused on value, gradation, and how to create optical illusions.

Candy McManaway discussed guild activities. She invited members to show the blocks they have been working on for block of the month. Nancy Miller advised that everyone should have Clue 2 for the Mystery Quilt. Clue 3 will be sent to all participants before next meeting. If you still want to join the mystery, contact Nancy.

12 members showed quilts and projects they had completed. Showing included a Quilt of Valor, Dresden plates from last month's workshop, blocks of the month and several baby, graduation, and wedding quilts.

April birthdays were recognized with a fat quarter for the members present.

Announcements: Raffle quilt committee for 2015 has been formed, led by Debbie Morse. Nancy Miller is looking for previous secretaries' board meeting minutes. Silent auction committee is looking for projects to be made or finished for the silent auction. May 3rd Outreach will be delivering Bears to Victory Junction Camp. Anyone interested in going will meet at 8:30 am @ Bonitz ([Directions](#)). Contact Connie Richardson if interested.

The door prize was drawn. A reminder that the next meeting is May 12.

The meeting was adjourned at 8:25 p.m.

Respectfully submitted, Nancy Miller, Secretary

CORRESPONDENCE

Email received from a visitor from Virginia at the April meeting:

"I most certainly did enjoy being part of your group during my recent visit. You have wonderful members! Please thank all of them for their kindness and hospitality while I was there. It was nice to share in everyone's talent and desire for spreading caring through quilts. I only wished I lived closer. I do hope to keep in touch and again thanks to all. PLEASE CONTINUE TO HAVE ME ON YOUR MAILING LIST AND SEND ME THE NEWSLETTER!!!!!"

Sincerely, Brenda Peters from Roanoke, VA

Refreshments and Greeters

As you plan which months you will help with refreshments and greeting, we ask that you do not sign up for both volunteer jobs in the same month. The signup sheets will be available at each meeting for you to sign up until full.

May Greeters:

Tom & Connie
Richardson

May Refreshments:

Sharron Brown
Martha Austin
Cathy Gordon-Hallman

2014 SPEAKERS & WORKSHOPS

Tuesday Workshops - Unless indication otherwise, all Tuesday workshops are held at the Epworth United Methodist Church at 1030 Burrage Road Northeast, Concord, NC in the Widenhouse Building (behind the church) - ([Directions](#))

NOTE: We have one kit left over that we had to buy from Dottie Moore's workshop - now \$20.00.

Those of you who took Karen Combs workshop "Patchwork Illusions", please bring your blocks to our May meeting to show everyone.

May 12th and 13th

Guest Speaker: Jane Godshall of Plain Jane Threads
www.plainjanethreads.com

Jane's lecture is "Quilter's Quandary—Hand or Machine". Her workshop is Foundation-less Piecing, a different take on foundation paper piecing but with the same results. **NOTE: We will not be going out for dinner with Jane prior to the meeting.**

6 hr. Workshop-- 10am to 4pm (bring your own lunch)

Cost-- \$30 Workshop fee--- \$25 kit fee, that includes templates and pattern. If you are signed up for this workshop, the \$30 workshop fee is due April 14th.

June 9th – NEW SPEAKER – LECTURE ONLY

Guest Speaker: Nancy G. Cook
www.nancygcook.com

We are very fortunate to have this incredible artist in our city. Nancy G. Cook creates realistic, enlarged images of nature. Her art work combines tradition of quilting and botanical illustrating with passions for nature, texture, color, and women's work as art. DO NOT MISS her trunk show and lecture June 9, 2014. If you would like to meet Nancy, we have dinner at O'Charley's by the Carolina Mall at 4:15pm before our doors open for our meeting at 6pm on June 9th. Contact Pat Arndt.

July 14th and 15th

Guest Speaker: Mickey Dupre
www.mdquilts.com

Mickey's lecture and trunk show is entitled "Me, Myself, and I". Her workshop is "Pieced Hexies Buffet". Learn how to take the Hexie to a whole new level.

6hr. Workshop--10:30 to 4:30pm (bring your own lunch).

Cost--\$30 Workshop fee---- There is NO kit fee but a book purchase is required. **The book "Pieced Hexies" will be offered during the workshop at a discount price of \$22 which includes tax. Orig. price \$25. This book is also for sale at Mickey Depre's on-line shop for \$19 but you need to add tax and S&H. The on-line price is good until April 15th or while supplies lasts.**

August 11th

Guild Magazine Challenge and Annual Picnic
This is a covered dish event. The board will provide a spiral ham and drinks.

Sept.8th and 9th

Guest Speaker: Amy Stewart Winsor
www.amystewartwinsor.com

Amy's lecture is about "When you can't precision piece and hate math, what do you do"? Her workshop is entitled Crooked Log Cabin for the precision impaired. You will sew like crazy and create most of a wall hanging quilt top. Please check out this website.

6hr. Workshop—10am to 4pm (bring your own lunch)

Cost--\$30 Workshop fee---- No kit fee

October 13th and 14th

Guest Speaker: Sharyn Cole

Sharyn will delight us with a lecture entitled "A Quilter's Trunk from A to Z." Her workshop will teach us how to applique the easy needle turn way using your machine, a most definitely easier way.

6hr. Workshop-- 10am to 4pm (bring your own lunch)

Cost--\$30 Workshop fee----- Kit Fee TBA

November 10th and 11th (CVAN Cuddle Quilts are due)

Guest Speaker: Karen Ponischil

www.karenponishil.com

Karen will present a lecture on “I’ll never be a Quilter/ trunk show.” Her machine quilting workshop is geared for all levels. Learn the basics of free motion quilting.

6hr. Workshop—10am to 4pm

Cost \$30

December 8th

Annual Christmas Party and Pot Luck Dinner - Melba Mick will chair the committee handling this event.

VICTORY JUNCTION PROJECT

A group will be going to Victory Junction Camp on May 3rd to deliver all the bears that have been made. Call Tom or Connie Richardson (contact information available in your Guild Directory) to let them know if you want to go. Everyone can meet at Bonitz ([Directions](#)) at 8:30 am and leave from there.

Newsletter Information:

Every paid member will receive the newsletter in an e-mail early in the month. If you wish to have your newsletter mailed, there will be a small \$10.00 charge to help defray the cost of paper and postage. It will also be available on the guild website for everyone. If you have anything you would like included in the next newsletter, contact Barbara Orr.

Sew Saturday

Sew Saturdays are held in the Training Room at Bonitz Flooring located at 4539 Enterprise Drive, Concord, NC, ([Directions](#)) and begin at 9:30 am. - \$3 charge.

May 17th Carol Harris will lead a session on string quilt blocks. She has a supply of muslin that can be used for the foundations.

Upcoming: Barbara Bruce will lead a session on constructing a tote bag. This is a 4-6 hour session, so bring a lunch.
DATE TO BE DETERMINED

Guild Activities:

BOMs

Both the beginner and intermediate Blocks of the Month are underway. Please bring block(s) from April so that we can all watch your quilt top grow. The link to your 4th block will be sent to you May 11th. If you have any questions please contact Candy McManaway.

Mystery Quilt

Nancy Miller will be sending out your 3rd clue on May 11th. If you have any questions, please contact Nancy Miller.

2014 Guild Challenge



You can still join the fun - bring \$1 in May and select your inspiration. If you have any questions, please contact Candy McManaway or Debbie Robb.

Sew Tuesdays:

Sew Tuesdays are held the first and third Tuesdays of each month at the Cabarrus County Senior Center, 331 Corban Ave., SE, Concord, NC. Hours are 9 am until 12 noon the first Tuesday and 9 am until 3 pm the third Tuesday. You may bring anything to work on. If you need help with a technique or project, someone will be able to help you. If you need information contact Mildred Lamb.

Guild Library:

A list of library books is available on the guild website. If you see a book you would like to request, please let Debbie know via her email address or call her (contact information available in your Guild Directory), and she will bring the book to the next meeting.

Financial Report – an updated report will be emailed to you in a few days.

2014 UPCOMING QUILT SHOWS – If you know of any other shows not listed, please contact Barbara Orr to include them in the newsletters.

May 9-10, 2014 (9am – 5pm)

A Fiesta of Quilts
First Baptist Church
1000 W. Friendly Ave., Greensboro, NC
www.gatecityquiltguild.org

May 16-17, 2014 (9am – 5pm)

Merry Quilts of May Quilt Show
www.forsythquilters.org

June 26-28, 2014

Original Sewing & Quilt Festival - Raleigh
www.sewingexpo.com



AQS QuiltWeek® Charlotte, North Carolina

July 30 – August 2, 2014

Charlotte Convention Center
501 S College St., Charlotte, NC 28202

September 20, 2014 – 9 am to 5 pm

South Carolina QOV Fundraising Event

Featuring **Marianne and Mary Fons**

Held at the SC National Guard Armory

1255 Bluff Rd., Columbia, SC. **LIMITED TICKETS**

To purchase tickets, send check payable to “Custom Creative Quilting” for \$60 (without lunch) or \$70 (with lunch), along with your name, address, phone number and email address to: Custom Creative Quilting, 525 Richland Ave., St. Matthews, SC 29135. For additional info: anne.mixon@qov.org

October 3-4, 2014

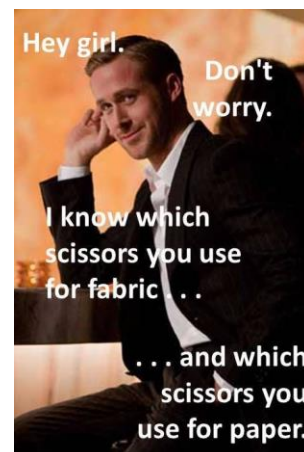
Cabarrus Quilters Guild

“Splash of Color” Annual Fiber Art & Quilt Show

Cabarrus Arena & Event Center

www.cabarrusquiltersguild.org

Sew Funny



Sew Get To Know Someone This Month!



Mildred Lamb – “Sew Tuesday” Leader

I made my first quilt in the mid 1970's. While shopping for groceries at the A&P, I saw a quilt on the cover of a magazine. It was four leaves appliqued onto white squares. I bought the magazine and the rest is history. I cut all the leaves from scraps and the background squares from an old sheet as instructed. Every day at work I appliqued the leaves during break and lunchtime. When I completed the quilt, I wasn't sure if I ever wanted to applique again but could hardly wait to start another quilt.

I visited Grandma's Quilt Shop owned by Fay West who invited me to join her group of ladies she was organizing as The Cabarrus County Happy Quilters Club. Eventually the name was changed to Cabarrus Quilters Guild. In the beginning we met at member's homes, but as membership grew we began meeting at the Cabarrus Senior Center. The meeting was the second Monday of every month and still continues today. When I retired I began attending the Sew Tuesdays. After awhile I kind of just fell into the position of "go to" person for information. We meet the 1st Tuesday (9-12) and the 3rd Tuesday (9-4) of each month at the Senior Center.



Carol Harris – “Sew Saturday” Leader

I grew up in rural Nebraska and learned to sew at an early age from my mother. I received my first quilt from my husband's grandmother when she hand pieced a baby quilt for our son. When our daughter came along Momma Harris had passed away and I decided my daughter needed a baby quilt as well. Really, just how hard could that be? I'd been sewing for years! Nice try. Yes it kept her warm but we quickly put it in the bottom of the drawer. Fast forward to the kids leaving the nest I found I had time on my hands and wanted to try quilting again. This time I took an actual quilting class and I was hooked. What a difference just one class can make. I joined the guild after reading an article in the paper inviting anyone interested to come to a guild meeting. The guild needed a place to hold Sew Saturday so I asked my manager at Bonitz for permission to use the Fred Pinkston Training Room. Since we do not typically work on the weekends it was a perfect fit for the guild. Little did I know that 2 years later I would be elected guild president. I enjoyed my time in office but missed getting to know new members. Now I spend my quilting hours working on projects mostly requested by my children and friends. Best part about giving away the quilt is I know where the mistakes are but no one else even bothers to look they just enjoy the quilt.

Sew Who Doesn't Love Brownies?



37 CALORIES BROWNIES

- 3/4 cup nonfat Greek yogurt (I used vanilla)
- 1/4 cup skim milk
- 1/2 cup Cocoa powder
- 1/2 cup Old fashioned rolled oats (like Quaker)
- 1/2 cup Truvia (or any natural/stevia based sweetener that pours like sugar)
- 1 egg
- 1/3 cup applesauce
- 1 teaspoon baking powder
- 1 pinch salt

Preheat the oven to 400°F. Grease a square baking dish (I used 8"x8"). Combine all ingredients into a food processor or a blender, and blend until smooth (about 1 minute). Pour into the prepared dish and bake for about 15 minutes. Allow to cool completely before cutting into 9 large squares

Sew Helpful Hints & Tricks

1. Before starting a new quilt, transfer the cutting instructions to a dry erase board. As you cut, erase that size and move on. It's easier than looking at the instructions in the magazine.
2. Use plastic folders to make patterns for English Paper Piecing. Instead of making piles of patterns out of card stock, you only need to make a few of these and use them over and over again. Trace the

pattern, cut it out, and punch a hole in the center. Then fold the fabric over the plastic template, and take a stitch at each corner. To remove the template, insert an orange stick or small dowel into the hole, and pull up until the plastic piece comes loose.

3. If you have accidentally fused an appliqué in the wrong place, use a fabric softener dryer sheet as a pressing cloth to loosen the web so you can remove the appliqué to reposition it.
4. To keep track of small tools while working on a project, wear a carpenter's apron and slip your tools into the pockets.

2014 Committee Chairpersons

2014 Programs/Workshops – Pat Arndt, Candy McManaway

2014 Quilt Show – JoAnna Cupp

2014 Raffle Quilt – Art Quilt Group

Community Outreach – Tom & Connie Richardson

Historian – Phares Sechler

Humanitarian/Hospitality – Bonnie Labadie

Librarian – Debbie Robb

Membership/Newsletter – Barbara Orr

Guild Activities – Candy McManaway

Sew Tuesday – Mildred Lamb

Sew Saturday – Carol Harris

Retreat Liaison – **POSITION OPEN**

BJ's Membership – Pat Stedwell

Webmaster – Terry Patterson

Visitor Welcome – Melba Mick

Newsletter Advertisement Space

Business card size \$7.00 per issue

Half page size \$15.00 per issue

Business card size is free for guild members

(If you have a business that you would like to advertise sure to give me a business card so you can be included in the feature – free of charge to members).



I Do Embroidery!
Personalize your life, one stitch at a time.
Moss Creek
Concord, NC
606-224-0441
jeicher1@carolina.rr.com

idoemb@gmail.com
Carol Eicher
www.facebook.com/IDoEmbroidery
www.companycasuals.com/IDoEmbroidery



Dawn's Sewing & Embroidery
Quilting, Embroidery, Classes, Fabrics & more

Dawn B. Hopkins
seamstress/quilter/owner

810 Smith Street
Albemarle, NC 28001
704-985-3501 OR 704-982-9681
dawnsfabrics@gmail.com
www.dawnsfabrics.com



The Quilters Station
Where Quilts Get Finished!
Rebecca Verrier-Watt
International Award Winning
Professional Long Arm Quilter
8401 Live Oak Road
Harrisburg, NC 28075
704-455-5236

thequiltersstation@yahoo.com
www.thequiltersstation.com