



Cabarrus Quilters' Guild Newsletter November 2014

From the President's Desk:

The quilt show is over and we can get back to working on all of those quilts and other projects we put on hold.

Do you wish you had someone to look at your projects and give you some input? What about someone who will just encourage you to keep working on a project. Do you need someone to bounce ideas off? I am encouraging everyone to find a partner or a group of people who have similar interests and make time to get together with them. Do you only like traditional quilts with lots of triangles? Is applique your love? There are people with many different interests in our guild who would profit from being in a small group. If you want to join a group, talk with your friends or people you have met at our meetings. If you don't know people who have the same interests you do, announce at our meeting what you want to do and that you are interested in having others join you. See what happens. Hopefully you will develop a support system of like-minded friends.

Unfortunately, my quilting projects will have to stay on hold a bit longer than I would like. As you may know, I had a total knee replacement last May. The surgery went well, but I knew the other knee would also have to be replaced. The date for that surgery is November 5th. I will be out of commission for a few weeks but the guild will be in good hands as Vice President Sharon Smith takes over. She will conduct the November meeting and I hope to be back for the December Christmas Party.

Wishing all of you a Happy Thanksgiving!
Carolyn Sweet, President

REGULAR MEETING DATE & STARTING TIME

The Cabarrus Quilters Guild meets on the second Monday of each month in the basement fellowship hall at Forest Hill United Methodist Church, 265 Union St., N., Concord, NC ([Directions](#)). **VISITORS WELCOME!** The building will be opened at 6 o'clock and refreshments will be available from 6:15 until 6:45. This is a time to greet your friends, sign up for upcoming activities, check out program displays, and sign up for workshops, etc. The meeting will begin at 6:45 and have a short break.

2014 Guild Officers:

President – Carolyn Sweet
Vice President – Sharon Smith
Secretary – Nancy Miller
Treasurer – Barbara Bruce

November Birthdays

Juanita Williams	November 11
Kathleen Fritz	November 14
Barbara Bruce	November 15
Rosita Blackwelder	November 19
Carol Eicher	November 19
LaVerne Kidd	November 20
Pat Arndt	November 28
Pat Cevaal	November 30

October 2014 - Minutes

The doors opened at 6:00 p.m. President Carolyn Sweet opened the meeting portion at 6:45 by welcoming visitors and new members. She mentioned the new church policy that we must carry the trash to the dumpster after meetings. She also thanked all members who helped with the show and led a round of applause for our quilt

show chairman, Jo Anna Cupp and all members who are involved.

A motion was made and passed to accept the minutes of the September meeting as published in the newsletter.

Pat Arndt introduced Sharyn Cole who shared a trunk show/lecture on her journey into applique. Sharyn generously brought handouts for all members and some extra door prizes.

Pat Arndt and Candy McManaway gave a brief run-down of programs for October and November. The October workshop will be easy machine applique with the look of needle-turn applique with Sharyn Cole; November is Karen Ponischill with free motion quilting. Sign-ups are still needed for October and November. December will be the Christmas party. A hand vote was taken to see if members might be interested in a workshop on miniatures next year. Reminder to check the web site for upcoming workshops, supply lists, and to pay for them by the meeting the month before the program.

Seven members showed projects in Show and Tell. A ten minute break was taken from 7:50 to 8:00. October birthdays were recognized with a fat quarter for the members present.

Jo Anna Cupp gave some preliminary info on the quilt show. 752 were in attendance. That is down from approximately 1000 last year and 1200 the year before. From other area guilds, she learned they have seen a similar decrease. We still made money but we are actively seeking ideas to improve attendance for future shows. Donna Johns is taking over publicity for the show and will also take over the Facebook page and look into a starting a Facebook business page.

Candy McManaway reported that Mystery quilts and Blocks of the Month are now complete.

Several member showed their completed mystery quilts (tops and quilts) and blocks of the month. Ideas for next year activities are welcome.

Pat Stedwell announced that it is the time of the year to sign up for BJ's membership at \$25 per person.

Nancy Miller gave a quick retreat announcement. The second payment of \$70 is due next month. Currently the retreat is full, but names will be added to the waiting list for those interested. Also, if anyone has any activities/games they would like to play at the retreat, please contact Nancy.

Melba Mick discussed the Christmas party. This year there will not be a gift exchange, we will hold a food drive. (See further information under December Program).

Announcements: Bill Anderson (Anderson's Sew and So) passed away Friday, October 10th. They have been great supporters of the guild and our sympathies go out to Becky and her family.

Carolyn was asked to remind members to be careful what you are paying for magazine subscriptions; some members have been given unreasonable prices for renewals.

Tom and Connie Richardson (Community Outreach) reminded everyone that it is time to make bears for Victory Junction. If each member made 2, we'd have nearly 200 bears. Also, remember you do agree to make a CVAN quilt and sell raffle tickets as a requirement of membership per our bylaws.

Debbie Morse reminded everyone to be sure to turn in money for the raffle quilt. Drawing will be in December. The door prize was awarded to Terry Patterson. The meeting was adjourned at 8:32p.m.

Respectfully submitted, Nancy Miller - Secretary

Refreshments and Greeters

NOTE: New signups sheets are available now to sign up for 2015 meetings. As you plan which months you will help with refreshments and greeting, we ask that you do not sign up for both volunteer jobs in the same month. The signup sheets will be available at each meeting for you to sign up until full.

November Greeters: November Refreshments:

Claudia Hoerner
Stephanie Mayes

Renee Ligay
Janet Bailey

2014 SPLASH OF COLOR QUILT SHOW

Quilt Chair Jo Anna Cupp will give a report from our Splash of Color Quilt Show at the November meeting.

2014 SPEAKERS & WORKSHOPS

Tuesday Workshops - Unless indicated otherwise, all Tuesday workshops are held at the Epworth United Methodist Church at 1030 Burrage Road Northeast, Concord, NC in the Widenhouse Building (behind the church) - ([Directions](#))

November 10th and 11th

(CVAN Cuddle Quilts are due)

Guest Speaker: Karen Ponischil

www.karenponishil.com

Karen will present a lecture on "I'll never be a Quilter/ Trunk Show." Her machine quilting workshop is geared for all levels. Learn the basics of free motion quilting.

6hr. Workshop—10am to 4pm (bring your lunch)
Cost \$30 - No supply kit fee

December 8th

Annual Christmas Party and Pot Luck Dinner - Melba Mick will chair the committee handling this event. The committee is planning games and lots of fun.

NOTE: This year we will be doing a food drive event in place of the usual "Dirty Santa" gift exchange. The committee decided that we all have so much that it would be more in keeping with the spirit of the season to give to those in need. Mr. Barry Porter and the Cooperative Christian Ministries serve a great many families in our area and are very appreciative of our Christmas Spirit. The truck will be near the sidewalk on the way down to the meeting from 6 to 7 pm so just leave your offering with Mr. Porter and Rosie Stein. Wear your Santa hats and holiday clothes for a fun evening filled with games and prizes and some surprises.

2015 - PROGRAMS (TENATIVE SCHEDULE)

JANUARY – Annual Business Meeting

2014 Quilt Judge Lorraine Covington was asked after our last quilt judging to give us some tips and ideas on what a judge looks for before our next quilt show.

FEBRUARY

We are planning something "homespun" for the meeting night, to be announced later!

The workshop on the Tuesday following the meeting will be on "Embroidery and Beading - Embellishing Our Quilts" from one of our own, Renee Hoagland! Embellishing - an Art to itself!

MARCH

Susan Brubaker Knapp will give us a lecture involving her work (trunk show) and including info on how it is to be host of Quilting Arts TV.

APRIL

Quilters Gallery is coming back strong with a great project for Christmas. This one will be a kit, thus more time sewing, less time getting ready! The theme is 15 Degrees and we might have one or two examples in our guild already.

MAY

Jane Hall (www.janehallquilts.com) will be doing a lecture, "Firm Foundations, Past and Present" and a half day workshop, "Strips on Foundation" which offers us a couple of choices with the direction we can go.

JUNE

Renowned quilt artist, Flavin Glover (www.flavinglover.com) will be gracing us with her presence! A resident of Pittsburgh a few years ago and her work is timeless. Her lecture will be "Color, The Design Element with Punch", and her workshop, "Log Cabin Landscapes" looks like loads of fun and possibilities. Ask Marguerite Klaiber for a reference on her work!

JULY

Scott Murkin will be our guest artist. His lecture is on "Quilt As Desired" and his workshop is "Finish Finesse". A great artist and teacher!

AUGUST – Annual Picnic (Committee Needed)

SEPTEMBER

Karen Lee Carter, (www.KarenLeeCarter.com). The topic for the lecture is "Express Yourself - Originality and Creativity in Quilting" and the workshop is "Contemporary Crazy Quilt by Machine".

OCTOBER

Eileen Williams, (www.eileenfiberartquilts.com/landscape.htm). The lecture will be her journey as an art quilter with slideshow. The topic "Beginning Art Quilt" and

focusing on under the sea will probably be the workshop, with emphasis on design principles.

NOVEMBER....TBA...watching the year and looking for new or old ideas, or just whatever the guild wants!

DECEMBER – Christmas Party (Committee Needed)

Community Outreach

Hospice Quilts: We can also use more quilts for Hospice. If you have UFOs or tops that you don't want to finish, please donate them as quilts for Hospice. Tom and Connie Richardson will add batting and backing and finish the quilt for Hospice. The guild will supply the batting and the backing and make the donation in your name. Call Connie and Tom and they will come to pick-up your donation (contact information is in your Guild Directory).

Guild Activities:

NOTE: Please contact Candy McManaway to let her know if you have an interest in a particular activity (i.e., Row by Row, Block of Month, Mystery Quilt, etc.). We are looking for new ideas so please share your thoughts.

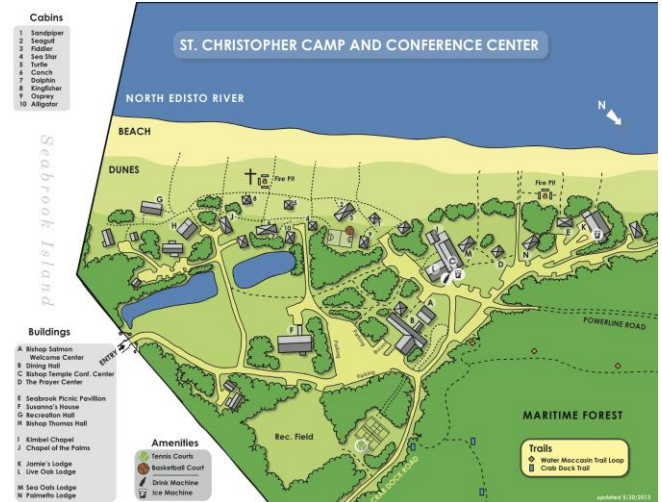
Sew Tuesdays:

Sew Tuesdays are held the first and third Tuesdays of each month at the Cabarrus County Senior Center, 331 Corban Ave., SE, Concord, NC. Hours are 9 am until 3 pm on the first Tuesday and the third Tuesday of each month. You may bring anything to work on. If you need help with a technique or project, someone will be able to help you. If you need information contact Mildred Lamb.

Sew Saturday

Sew Saturdays are held in the Training Room at Bonitz Flooring located at 4539 Enterprise Drive, Concord, NC, ([Directions](#)) and begin at 9:30 am. - \$3 charge.

NOTE: Please contact Carol Harris to let her know if you have an interest in a particular project and/or if you are willing to teach a particular technique or pattern. As of now, there are no specific projects planned.



RETREAT INFO



JUNE 12-14, 2015

St. Christopher's Camp and Conference Center
Seabrook Island, SC - On the beach! **This is about a 4-hour drive from Concord.**

<http://www.stchristopher.org/>

NOTE: Next payment is due November 15 - \$70
Final payment is due March 15 - \$60

For maps of the center, go to

<http://www.stchristopher.org/index.php?Map>

Guild Library:

A list of library books is available on the guild website. If you see a book you would like to request, please let Debbie Robb know via her email address or call her (contact information available in your Guild Directory), and she will bring the book to the next meeting.

2014 UPCOMING QUILT EVENTS

If you know of any other shows not listed, please contact Barbara Orr to include them in the newsletters.

February 21, 2015

9th Annual One Stop Shop Hop; USC Lancaster
Campus Hubbard Drive, Lancaster, SC 29720.

Admission; \$3.00

One day event, over 25 vendors, free parking

March 13-14, 2015

"Timeless Treasures Now & Then"
Charlotte Quilters Guild Quilt Show 2015

Metrolina Tradeshow Expo

7100 Statesville Rd., Charlotte, NC

May 28-31, 2015

North Carolina Quilt Symposium
Boneclarken Conference Center, Flat Rock, NC
Additional info will be available soon at
www.westernncquilters.org

Sew Get To Know Someone This Month!



Melba Mick

I started sewing doll clothes and moved on to my own school clothes before Jr. High. I made my first hand pieced quilt top at 17, but it was many years before it was ever finished. With raising a family, I sewed almost all of my two daughters clothes including prom dresses and one pair of jeans. After retiring and moving here I found a class led by Peggy Fox and moved on to machine quilting; I have never looked back. Even in the past 4 years, I already see my tastes in material have changed; which explains my addiction to quilt shows and shops. I keep busy sewing quilts for my family and for the Jeff Gordon Unit of CMC and annual quilts for Diabetes and Cancer Research. My husband of nearly 38 years is very tolerant of my sewing addiction.



Becky Knauer

My sewing journey started when I was seven years old. My mother made us learn to embroider first and then it was on to the sewing machine. My first competition was in 5th grade when I entered a skirt I'd made in 4-H. I won second place. I made all my clothes in high school and my work clothes until I had children; then I sewed for them.

In 1990 I made my first quilt--it was corduroy squares, cut out individually with a cardboard template and scissors! And then I TIED it. I've come a long way since then. I took my first formal quilt class in 1998 and learned some fast and much easier methods. Quilting was "fit into" my schedule when I could between working, coaching dance team and sewing costumes for my daughter's high school musicals.

In 2000 I took a needle turn applique class and loved it. I suppose I should do that instead of crocheting baby afghans. I always have to be doing something with my hands. I prefer traditional quilts and have only kept two; the rest I've given away.

I've lived in Charlotte for 6 years and am so thankful for Sara B. who invited me to her small quilt group. My husband Chris, is the Registrar at UNCCCharlotte. I have a grown son, living in Kentucky and our daughter lives in Hilton Head. They both blessed us with granddaughters last year I love being a grandma.

SEWING ITEMS FOR SALE BY MEMBERS

Sewing related items that are for sale or trade by members may be listed in this new section of the newsletter. Send any pertinent information and photos to Barbara Orr.

ITEMS FOR SALE:

1. Studio Accuquilt 1-1/4" die cut for circles. It is still in package - bought in error. Will sell for \$25.00 or best offer. Contact Pat Arndt (contact info in guild directory).
2. Bernina Virtuosa 153QE – in great condition (used for workshops). Asking \$600 (originally paid \$1800.00 for it). It will be serviced before it is sold. A PDF manual is available so you can see all the features. An embroidery unit is available for the machine but was not purchased. Extension table also for sale at \$50 (sells new for \$149.00). Contact Sonja Simmons (contact info in guild directory) if you are interested and have questions.

REQUEST FOR INFORMATION

Occasionally our members are asked if we know anyone who does antique quilt repair. This would be good information for us to keep on file for future requests. Please share with the guild any contact information you may have for anyone who does this type of work. You may send the information to any member of the board.

The following was recently submitted:
Diane Plunkett, at the Q-Bee Quilt Shop at 10729 S Tryon St, Charlotte (near Steele Creek and Carowinds), repairs antique quilts. Phone is 704-588-2225, <http://www.thequiltingbee.net> and her e-mail is info@thequiltingbee.net.

Quilting Classes (all levels)

Looking to expand your quilting skills? There are classes available at most of the local quilting stores. Take advantage of them and you will unlock a lot of possibilities. Here are a few of our local shops:

Dawn's Sewing & Embroidery – Albemarle, NC
www.dawnsfabrics.com (one of our members)

We're Sew Creative – Concord, NC
<https://www.weresewcreative.com/classes/sign-up/>

Anderson's Sew & So – Rockwell, NC
<http://www.anewso.net/>

Judy Lea's Quilt Studio – Concord, NC
<http://judyleasquiltstudio.com/classes.php>

Sew Funny



Sew What's for Dinner?



SKINNIFIED CHICKEN PIE!

Prep and Cook Time: 30 minutes

Bake Time: 14 minutes

Ingredients

3 cups Swanson's reduced-sodium chicken broth or your favorite

1½ cups onions, chopped

1 cup potato, peeled and cubed (½ inch cubes)

1 cup sweet potato, peeled and cubed (½ inch cubes)

1 cup carrots, peeled and chopped

1 cup celery, sliced

1 lb chicken breasts (boneless, skinless), cut into bite-size pieces

1½ cups frozen peas (not defrosted)

1½ cup reduced-fat milk

½ cup plus 1 tablespoon all-purpose flour

2 tablespoons fresh thyme, chopped or 1 teaspoon dried

¼ teaspoon salt

¼ teaspoon fresh ground black pepper

1 pkg. Pillsbury Golden Layer Flaky Biscuits (100 calories for each biscuit)

Instructions

1. Preheat oven to 350 degrees. In a large pan, add chicken broth and bring to a boil.

2. Stir in onions, potato, sweet potato, carrots and celery. Bring back to a boil, reduce heat and cover. Simmer for 6 minutes.

3. Add chicken pieces and frozen peas, breaking them up. Bring back to a boil, turn heat to simmer, cover, and cook for 5 minutes.

4. Place a colander into a large bowl. Pour chicken, vegetables and broth into colander. Add strained broth back to the pan. Set aside chicken and vegetables.

5. In a separate small bowl, add flour. Gradually add milk to the flour stirring with a whisk, until well blended.

6. Increase heat to medium with the broth. Stir in milk/flour mixture with a whisk. Cook for 5 minutes or until thicken. Stir often.

7. Add back chicken and vegetables, along with thyme, salt and pepper. Mix well.

8. Coat an 11 x 7 baking dish (see Shopping Tip) with cooking spray and pour in the chicken stew.

9. Open the package of biscuits, separate them and place on top of chicken stew. Line them evenly over top.

10. Place the pie on a foil lined baking sheet and bake for 14-16 minutes until the biscuits are real golden brown.

11. To serve, spoon into each bowl and top with 1 biscuit. There will be two extra biscuits for whoever wants it.

Serves 8 (each serving, ⅓ of recipe and 1 biscuit)

SEWING TIPS AND TRICKS

1. Sometimes the perfect thread for a sewing project comes on a spool that's imperfectly sized for your sewing machine. The solution: Place the spool in a heavy mug, and position it on your work surface directly underneath the spool pin. Take hold of the thread end, and hook it over the spool pin before threading it into the machine as usual (the thread should form a 90-degree angle); the thread will unravel smoothly as you work.

2. Great YouTube video on adjusting the pressure setting on your sewing machine – t <http://www.youtube.com/watch?v=Ox8qRhWF3CI&feature=share>
3. Cut small strips of fabric to be used in a project and sew them along the edge of a 3x5 index card. Handy item to have when trying to match colors/prints if you are still looking for fabrics for the project.

2014 Committee Chairpersons

2014 Programs/Workshops –

Pat Arndt, Candy McManaway

2014 Quilt Show – JoAnna Cupp

2014 Raffle Quilt – Art Quilt Group

2015 Raffle Quilt – Debbie Morse & Committee

Community Outreach – Tom & Connie Richardson

Historian – Phares Sechler

Humanitarian/Hospitality – Bonnie Labadie

Librarian – Debbie Robb

Membership/Newsletter – Barbara Orr

Guild Activities – Candy McManaway

Sew Tuesday – Mildred Lamb

Sew Saturday – Carol Harris

Retreat Liaison – Nancy Miller

BJ's Membership – Pat Stedwell

Webmaster – Terry Patterson

Visitor Welcome – Melba Mick

Publicity (Guild & Quilt Show)- Donna Johns

Facebook (Business Page) – Donna Johns

Newsletter Information:


Every paid member will receive the newsletter in an e-mail early in the month. If you wish to have your newsletter mailed, there will be a small \$10.00 charge to help defray the cost of paper and postage. It will also be available on the guild website for everyone. If you have anything you would like included in the next newsletter, contact Barbara Orr.

NOTE: All guild member addresses and phone numbers are available in the most recent pictorial Guild Directory as well as in the Membership Roster that is sent out periodically to the members.

Newsletter Advertisement Space

Business card size	\$7.00 per issue
Half page size	\$15.00 per issue
Business card size is <u>free</u> for guild members	

(If you have a business that you would like to advertise be sure to give Barbara Orr a business card so you can be included in this feature – free of charge to members).



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