



Cabarrus Quilters' Guild Newsletter October 2015

From the President's Desk:

The quilt show is over and we can all breathe a sigh of relief. I have attended many quilt shows and believe that ours was at least as good as but probably better than any that I have attended. The quilts were beautiful and the arrangement of both rooms was designed spaciouly to allow visitors the opportunity to comfortably view them. Vendors did a brisk business both days. The guild activities (bed turning, white elephant, silent auction) as well as Quilts of Valor were well organized and added greatly to our show. Many of you were involved in judging, set-up, take-down, sales, or had other responsibilities. There are too many to name each of you who worked to make our show a success but I do think Joanna Cupp and her committee deserve a special thank-you for their work. This is Joanna's final year as Quilt Show Chairperson and we all owe her our gratitude. As you may know, Melba Mick has volunteered to chair the quilt show next year. She is already making plans to continue our reputation of having an excellent one and I am sure each of you will give her your support.

Now is a time I look forward to each year. It is a time of new beginnings since the quilt show is over and I can start working on quilts that I have not had time for in the past few months. There are always more ideas than time so this is a chance to explore new ideas and patterns. Of course, I am sure Melba would tell all of us to get started on our quilts now since the next show is only 12 months away.

Carolyn Sweet, President

REGULAR MEETING DATE & STARTING TIME

The Cabarrus Quilters Guild meets on the second Monday of each month in the basement fellowship hall at Forest Hill United Methodist Church, 265 Union St., N., Concord, NC ([Directions](#)). **VISITORS WELCOME!** The building will be opened at 6 o'clock and refreshments will be available from 6:15 until 6:45. This is a time to greet your friends, sign up for upcoming activities, check out program displays, and sign up for workshops, etc. The meeting will begin at 6:45 and have a short break.

2015 Guild Officers:

President – Carolyn Sweet
Vice President – Sharon Smith
Secretary – Nancy Miller
Treasurer – Barbara Bruce

October Birthdays

Phares Sechler	Oct. 5
Alice Suchanoff	Oct. 8
Bonnie Labadie	Oct. 12
Judy Yandle	Oct. 12
Karyl McClellan	Oct. 13
Barbara Orr	Oct. 13
Terry Patterson	Oct. 18
Esta Wannamaker	Oct. 29
Linda McGlamery	Oct. 30

September 14, 2015 - Minutes

Vice President Sharon Smith opened the meeting at 6:45 and recognized greeters Adrienne Phelan and Sharon Smith. Refreshments were provided by

Cindy Palazzo, Esta Wannamaker, Trudy Pollard, Pat Ott and Carol Eicher.

Pat Arndt introduced Karen Lee Carter from Virginia Beach who has been quilting since 1997. Karen gave more personal background before starting her topic "Express Yourself". She suggested we cultivate creativity daily and gave us some techniques:

- Journaling
- Taking 15-30 minutes daily to think, daydream, imagine
- Spending time alone doing something we enjoy at least once a week for an entire hour
- Walking
- Practice and keep learning
- Work small
- Ask yourself "I wonder... questions"

Karen then presented a trunk show and showed samples for her workshop Tuesday on crazy quilting. Pat Arndt told members two spaces were still available.

Pat talked briefly about upcoming speakers for meetings and workshops:

October – Eileen Williams. "Under the sea workshop" wall hanging workshop.

November – Will be a narrated quilt show of CVAN quilts. Forms will be sent to members to complete and Pat will read comments while the donated quilts are displayed

November 14 –Jane Hall will have a class for a half day on paper piecing pineapples. \$20 class fee

May, 2016 – Wendy Butler Berns

Candy McManaway and Debbie Robb asked for completed "take-out" challenge projects and the projects were displayed on a table for members to look at during break. Candy told members the last Mini Monthly (MM) challenge is to make a crazy

hat to wear and parade during the October meeting. Candy reminded everyone to sign the MM book if they have a completed project tonight.

Joanna Cupp gave a Quilt Show report. Thursday, September 24th set up will begin at 8am. Sign in sheets are on a table at back of room. Joanna asked for men to help with tear-down Saturday after the show. Twenty one vendors are signed up. Judging was completed Saturday. Joanna asked everyone to take quilt show flyers and put up everywhere and post on Facebook. She reminded us this is our show.

Sharon said Karen added to the door prizes so three were to be given away so buy more tickets during break.

Sharon recognized visitors and announced September birthdays.

Announcements:

Ona Phillips asked for signature blocks for Quilts of Valor

Connie Richardson asked anyone wishing to help with White Elephant sorting to be at her house Friday and also asked for members to sign-up to help at the quilt show.

Gail Hartman, a new Cabarrus member, passed away a week ago Saturday (September 5th). Our sympathies go out to her family.

Door prize winners were Marguerite Klaiber, Linda Brimanson and Terry Patterson.

Show and Tell: Ona Phillips donated "Harvest Blessings" wall hanging for Silent Auction. Rosita Blackwelder showed a bag and quilt. Pat Arndt showed a completed quilt she started at the SC retreat. Charlotte Doyle showed a Raggedy Ann & Andy quilt and pillow for CVAN.

Reminder the next meeting is October 12th. The meeting was adjourned at 8:10p.m.

Respectfully submitted,
Debbie Morse for Nancy Miller, Secretary

Refreshments and Greeters – October 2015

NOTE: As you plan which months you will help with refreshments and greeting, we ask that you do not sign up for both volunteer jobs in the same month. The signup sheets will be available at each meeting for you to sign up until full.

Greeters:

Paulette Lundy

Refreshments:

Connie Richardson
Colleen Sain
Kathy Lock
Libby Toler
Peggy Overcash

ELECTION OF GUILD BOARD OFFICERS:

The following slate of candidates has been nominated for the Guild Board of Officers:

President	Connie Richardson
Vice President	Cecilia Estey
Secretary	Debbie Morse
Treasurer	Colleen Sain

In accordance with our bylaws, this slate of officers is being published for two months prior to election. Elections will be held at the November meeting with the new board assuming their duties in December 2015.

2015 – PROGRAMS & WORKSHOPS

Remember it is important to sign up early for workshops and pay the workshop fee by the month prior to the workshop. NOTE: Kit fees for workshops are payable to the instructors on the day of the workshop

OCTOBER 12, 2015 – Speaker – Eileen Williams
OCTOBER 13, 2015 – Workshop “Beginning Art Quilt”

www.eileenfiberartquilts.com

Eileen Williams’ lecture will be her journey as an art quilter with slideshow. The topic “Beginning Art Quilt” and focusing on under the sea will probably be the workshop, with emphasis on design principles.

NOVEMBER 9, 2015 – CVAN CUDDLE QUILT DUE
Saturday Workshop on November 14, 2015 –Jane Hall will have a class for a half day on paper piecing pineapples.

DECEMBER 14, 2015 – Christmas Party

Donations to the CCMA Food Pantry will be collected again this year instead of a gift exchange. More information will be given later.

Guild Library:

New books have been added, stop by and take a look at what is available! A list of library books is also available on the guild website. If you see a book you would like to request, please let Debbie Robb know via her email address or call her (contact information available in your Guild Directory), and she will bring the book to the next meeting.

QUILT SHOW PATTERN

Many people asked Nancy Miller about the inspiration/pattern for her quilt "Scraps to a T". The inspiration/pattern can be found here:

<http://www.patchworktimes.com/2014/01/02/january-scrappy-challenge/>

She offers several options for assigning value on the block layout. I think my option is a little different than any she presented, but easy enough to come up with mine, or your own. Thank you for all the kind words.

Nancy Miller

Sew Tuesdays:

Sew Tuesdays are held the first and third Tuesdays of each month at the Cabarrus County Senior Center, 331 Corban Ave., SE, Concord, NC. Hours are 9 am until 3 pm on the first Tuesday and the third Tuesday of each month. You may bring anything to work on. If you need help with a technique or project, someone will be able to help you. If you need information contact Mildred Lamb.

Sewing Tips and Tricks

1. Interested in improving your free-motion skills? Try using your sewing machine without thread on a small quilt sandwich. Improves muscle memory of moving the quilt under the needle without wasting thread.
2. Use small strips of "Press 'n Seal" to contain thread ends on your spools.
3. You can buy ½ inch diameter clear plastic tubing at home improvement stores for less than 20 cents a foot. Cut small rings from it and snip them open to wrap around bobbins to corral loose ends.
4. Use bed risers to raise the height of your cutting table and/or ironing surface.

2015 UPCOMING QUILT EVENTS

If you know of any other shows not listed, please contact Barbara Orr to include them in the newsletters.

October 2-3, 2015 (9-6 Fri/9-5 Sat)

Rainbow of Quilts - UpCountry Quilters Guild
Pickens View Wesleyan Church
744 Bethlehem Ridge Rd., Pickens, SC 29671

October 2-4, 2015 (Fri and Sat 9-5, Sun 10-4:30)

33rd Annual Asheville Quilt Show
Quilts: From Inspiration to Creation
WNC Agriculture Center

1301 Fanning Bridge Rd, Fletcher, NC 28732
www.ashevillequiltguild.org/show.html

October 8-10, 2015 (10am-4pm)

High Country Quilters Annual Quilt Show
Maggie Valley Town Hall
3987 Soco Rd, Maggie Valley, NC
Free admission, Free Parking

October 9 & 10, 2015 (9a-5p Fri. / 9a-4p Sat.)

Foothills Quilters Guild 2015 Quilt Fest Show
Leona Neal Senior Center, 100 T R Harris Dr.,
Shelby, NC
www.foothillsquiltersguild.org

October 16-17, 2015 (10a-5p Fri. / 10a-4p Sat.)

Hearts and Hands ECA Quilters Guild Quilt Show
Dennis A. Wicker Civic Center
1801 Nash St., Sanford, NC
www.heartsandhandsnc.org

October 16-17, 2015 (9a-5p)

Quilts of the Valley – Autumn Expressions
Catawba Valley Quilters Guild Quilt Show
Hickory Metro Convention Center
1960 – 13th Avenue Dr., SE; Hickory, NC
\$5 admission – free parking
www.catawbavalleyquiltersguild.com

March 4-5, 2016 (10a-5p)

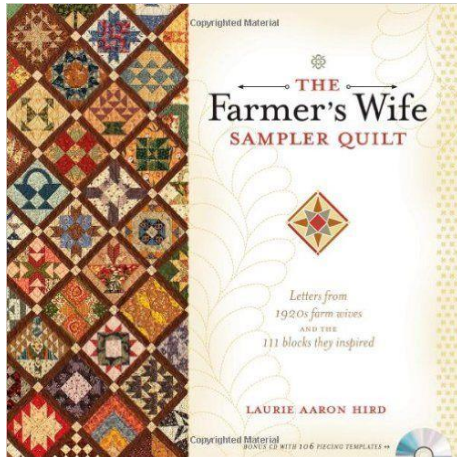
Cobblestone Quilters Guild "Lowcountry Threads"
Omar Shrine Temple,
176 Patriots Point St., Mt. Pleasant, SC
Admission: \$10 Daily

COMMUNITY OUTREACH

If you have quilts for CVAN or Hospice but do not plan to have them judged, we would love to put together a display to show how generous the Cabarrus Quilt Guild is for our community.-
Any questions? Call Tom or Connie Richardson --
704-870-1788.

The Farmer's Wife Sampler Quilt

Nancy Miller and Sonja Simmons are interested in making blocks from the book "The Farmer's Wife Sampler Quilt: Letters from 1920s Farm Wives and the 111 Blocks They Inspired".



If any members are interested in getting together to make blocks please contact Nancy (nancymiller217@yahoo.com) or Sonja (simmonssonja54@gmail.com)

You can find out more about the book here:

[The Farmer's Wife Sampler Quilt: Letters from 1920s Farm Wives and the 111 Blocks They Inspired: Laurie Aaron Hird: 9780896898288: Amazon.com:](#)

Sew What's for Dinner?



Slow Cooker Chicken Fajita Soup

INGREDIENTS:

- 1 pound boneless, skinless chicken breasts
- 2 cans condensed cream of chicken soup
- 1 cup salsa
- 2 cups frozen corn
- 15 oz. can black beans, drained and rinsed
- 1½ cups water
- 1 teaspoon ground cumin
- ½ teaspoon dried cilantro
- 1 cup shredded cheddar cheese

OPTIONAL TOPPINGS:

- sour cream
- diced tomatoes
- green onions
- cilantro
- lettuce
- diced avocado
- tortilla strips

INSTRUCTIONS

Spray your slow cooker with cooking spray. Add chicken to the bottom of the slow cooker.

In a medium sized mixing bowl, mix cream of chicken soup, salsa, corn, black beans, water, cumin, and cilantro. Pour over the top of chicken.

Cook on low for 4-6 hours. Remove the chicken and shred with two forks. Place back into the slow cooker and add shredded cheese. Continue cooking until cheese has melted about 15 minutes. Serve with your favorite toppings.

Sew Funny



Can anyone relate???

Quilting Classes (all levels)

Looking to expand your quilting skills? There are classes available at most of the local quilting stores.

Dawn's Sewing & Embroidery – Albemarle, NC

www.dawnsfabrics.com

We're Sew Creative – Concord, NC

<https://www.weresewcreative.com/classes/sign-up/>

The King's Threads (formerly Circle Sewing Studio)

– Concord, NC

<http://www.circlesewingstudiosnc.com/>

Anderson's Sew & So – Rockwell, NC

<http://www.anewso.net/>

Sew Much Fun – Lowell, NC

<http://www.sewmuchfun4you.com/classes.htm>

2015 Committee Chairpersons

2015 Christmas Committee – Joan Martinkovic & Donna Johns

2015 Programs/Workshops –

Pat Arndt, Candy McManaway

2016 Quilt Show - Melba Mick, Chair

2015 Raffle Quilt – Debbie Morse & Committee

2016 Raffle Quilt – Nancy Miller & Committee

Audit Committee - Debbie Morse, Charlotte Doyle, Donna Johns

BJ's Membership – Pat Stedwell

Community Outreach – Tom & Connie Richardson

Facebook (Business Page) – Donna Johns

Guild Activities – Candy McManaway, Debbie Robb

Guild Retreat - Nancy Miller

Historians – Phares Sechler & Sonja Simmons

Humanitarian/Hospitality – Sharon Smith

Librarian – Debbie Robb

Membership/Newsletter – **POSITION OPEN**

Nomination Committee – Melba Mick

Publicity (Guild & Quilt Show) - Donna Johns, Cecilia Estey

Sew Tuesday – Mildred Lamb

Sew Saturday – **POSITION OPEN**

Visitor Welcome – Adrienne Phelan

Webmaster – Terry Patterson

Newsletter Information:

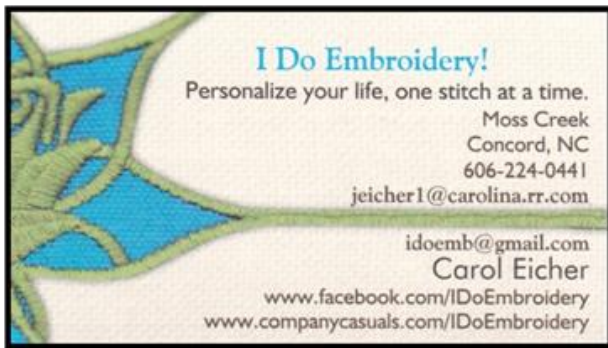
Every paid member will receive the newsletter in an e-mail early in the month. If you wish to have your newsletter mailed, there will be a small \$10.00 charge to help defray the cost of paper and postage. It will also be available on the guild website for everyone.

NOTE: All guild member addresses and phone numbers are available in the most recent pictorial Guild Directory as well as in the Membership Roster that is sent out periodically to the members.

Newsletter Advertisement Space

Business card size \$7.00 per issue
 Half page size \$15.00 per issue
 Business card size is free for guild members

(If you have a business that you would like to advertise be sure to give Barbara Orr a business card so you can be included in this feature – free of charge to members).



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Dawn's Sewing & Embroidery
 Quilting, Embroidery, Classes, Fabrics & more
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 dawnsfabrics@gmail.com
 www.dawnsfabrics.com

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 info@weresewcreative.com
 Monday ~ Friday: 10-6
 Saturdays: 9-4
www.weresewcreative.com

The following businesses have donated long-arm quilting services and/or workspace to the Cabarrus Quilters Guild Quilts of Valor Creative Piecers Group efforts:



DOGPATCH QUILTING

Specializing in Longarm Quilting

DogpatchQuilting.com
 Like us on Facebook
 1904 Rankin Ave
 Newton NC 28658

336-473-1765 Linda
 828-461-8723 Wanda
 adnil458@yahoo.com
 RowbyRowExperience.com